

# College of Community Studies and Public Affairs (CCSPA)

## Alcohol and Drug Counseling

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Metropolitan  
State University



# Metropolitan State University



College of  
Sciences

College of  
Nursing &  
Health Sciences

College of  
Community  
Studies &  
Public Affairs

College of  
Individualized  
Studies

College of  
Management

College of  
Liberal Arts

School of  
Urban  
Education

School of Law  
Enforcement &  
Criminal Justice

School of  
Communication,  
Writing & the Arts

# College of Community Studies & Public Affairs

## *Undergraduate Programs*

- **Human Services**
- **Alcohol & Drug Counseling**
- **Psychology**
- **Early Childhood Studies**
- **Social Work**



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State University

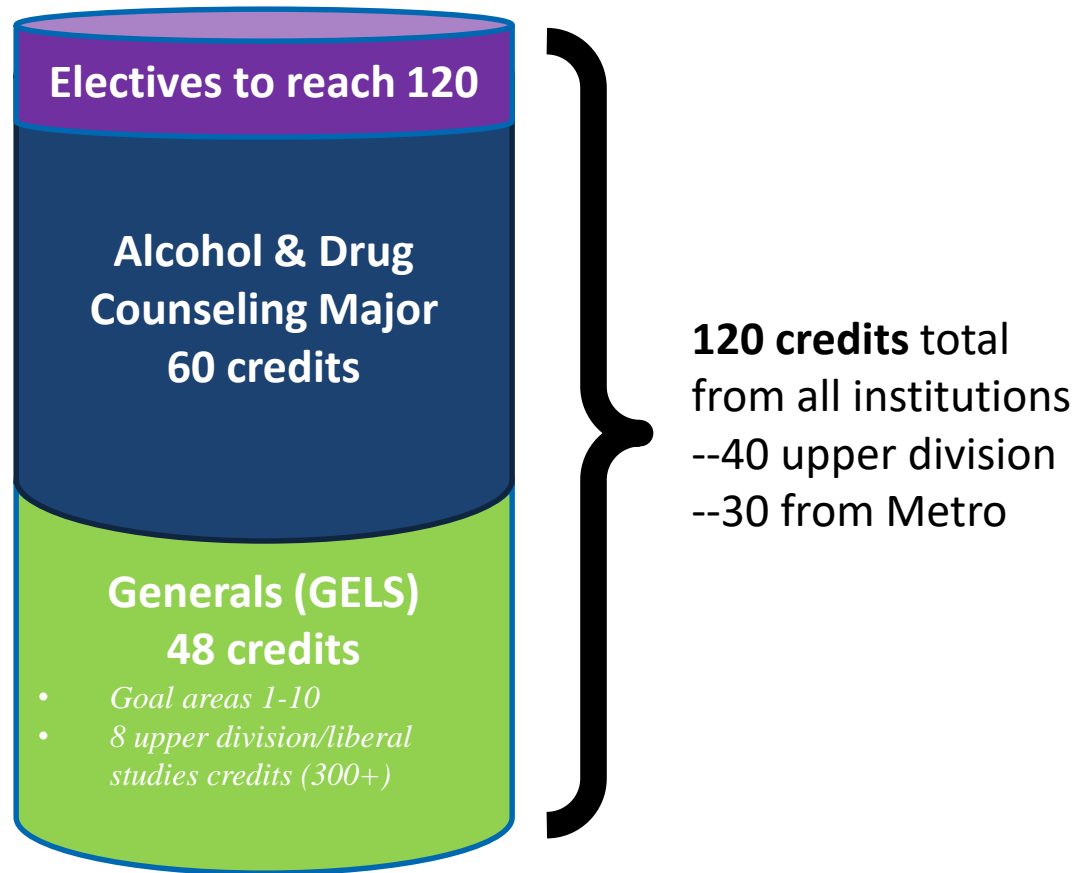


St. Paul Campus ● 2<sup>nd</sup> Floor, St. John's Hall ● 700 East 7<sup>th</sup> Street ● St. Paul, MN 55106

# Alcohol and Drug Counseling - Bachelor of Science (BS)



# What do I need to Graduate?



# Alcohol and Drug Counseling - Bachelor of Science

## Courses to take first:

<b>HSCD 200</b>	Pharmacology of Addictive Drugs
<b>HSCD 300</b>	Introduction to Substance Use Disorders
<b>HSCD 306</b>	Prevention of Substance Use Problems
<b>HSER 346</b>	Counseling and Interviewing Skills
<b>HSER 368</b>	Understanding & Using Research for the Practitioner
<b>HSCD 303</b>	Racial & Cultural Considerations for Alcohol and Drug Counseling

## Courses to take next:

<b>HSER 348</b>	Group Counseling
<b>HSCD 309</b>	Co-occurring Disorders: Substance Use & and Mental Health
<b>HSCD 302</b>	Assessment of Substance Use Disorders

## Courses to take after that:

<b>HSCD 353</b>	Case Management for Alcohol and Drug Counseling
<b>HSCD 320</b>	Pre-Practicum
<b>HSCD 400</b>	Best Practices in Alcohol and Drug Counseling

# Alcohol and Drug Counseling - Bachelor of Science

Required Elective:

**At least 3 credits** – see your DARS for options

Practicum:

**HSCD 380**      Alcohol and Drug Counseling Practicum I  
**HSCD 390**      Alcohol and Drug Counseling Practicum II

And finally:

**HSCD 450**      Senior Seminar: Alcohol and Drug Counseling

**Total = 60 credits**

# Practicum

The supervised practicum experience builds a bridge from academic coursework to practice working as an alcohol and drug counselor and is vital in the development of professional competence.

Completion of at least 880-hours of clinical practicum over two semesters. The following three courses are required:

- **HSCD 320 Alcohol and Drug Counseling Pre-Practicum**
- **HSCD 380 Alcohol and Drug Counseling Practicum I**
- **HSCD 390 Alcohol and Drug Counseling Practicum II**

A cleared background study from the MN Department of Human Services is required to be eligible for the practicum.



# Professional Opportunities for ADC

## Student Include:

- Residential and Outpatient Clinics
- Detox Facilities
- Hospitals
- Behavioral Health Clinics
- Social Services Agencies
- Probation and Corrections
- Religious Institutions
- Private Agencies
- City, State and County Government
- Public and Private Schools

# Academic Advisor

*You will be assigned an academic advisor when you declare your major*

Karin Jax: [karin.jax@metrostate.edu](mailto:karin.jax@metrostate.edu)

## **Your Academic Advisor is here to help**

- Review your DARS and evaluate transfer credits
- Review course planning and progress
- Declare your major
- Apply for graduation
- Learn about university support services

# Resources at Metro State

- Math Center
- Writing Center
- Science Center
- Testing Center
- Student Parent Center
- Veteran's Services
- Women's Services
- Center for Accessibility Resources
- International Student Services
- Student Life and Leadership
- Career Development Center
- Academic Advising
- Counseling Services
- Scholarships
- TRiO Student Support Services
- Multicultural Services

**and much more...**

# Next Steps!

[www.metrostate.edu](http://www.metrostate.edu)



Register for classes

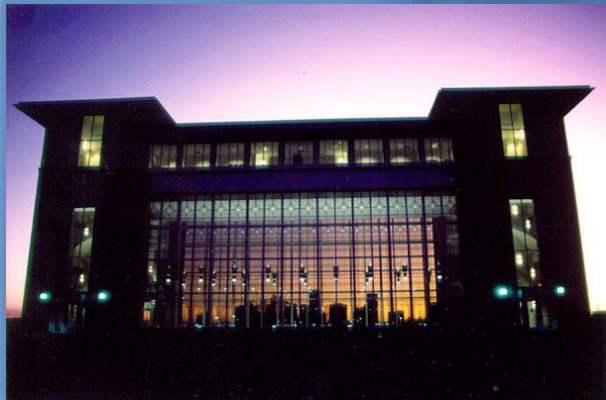
Review your final schedule

Check class locations

Get your ID card (parking pass)

Buy textbooks

Finalize your financial aid



Metropolitan  
State University





Take Your  
**Next Step** towards  
**Extraordinary Education**

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